

## Full Results for Whinlatter Duathlon 15 November 2009

### Solo Race

Pos	No.	Name	Club	Category	Time
1	92	Ricky Lightfoot	Saab Salomon Outdoor Team	M	01:43:12
2	103	Andrew MacRae	Total Racing International	M	01:48:36
3	61	Elliot Gowland	Total Racing International	M	01:49:06
4	117	Anthony Oliver	Hartlepool triathletes.com	MV40	01:49:16
5	48	Paul Drinkwater	UKMtbTri.co.uk	MV40	01:50:38
6	62	Mike Gradwell		MV40	01:51:29
7	19	Jonty Bright	Boneshakers	M	01:52:11
8	133	Mike Robinson	Dark Peak Fell Runners	MV40	01:52:28
9	90	Stephen Leigh	Atherton Bike Club	M	01:54:13
10	87	David Lawrance		M	01:54:55
11	14	Chris Boustred		M	01:55:32
12	13	Sean Bolland	Bowland FR	M	01:56:53
13	161	James Walker		M	01:59:25
14	70	Jamie Hutchinson	Leeds Bradford Triathlon	M	01:59:51
15	129	Anthony Roberts	Skinfit UK	MV40	01:59:55
16	115	Paul Neild	Bowland FR	M	01:59:57
17	1	Shaun Agnew		M	02:01:16
18	169	Kevin White	Wharfedale Harriers	MV40	02:01:17
19	183	Paul Tynan	Colt	M40	02:03:48
20	111	Greg Mcnally		MV40	02:04:04
21	113	Daniel Meakin	Atherton Bike Club	M	02:04:47
22	107	David McCabe		M	02:06:06
23	59	Simon Fox	Singletrackworld	MV40	02:06:35
24	84	Martin Kitchin		M	02:07:27
25	3	David Atkinson	Cumberland Fell Runners	MV40	02:07:33
26	158	Adrian Vaughan		MV40	02:08:28
27	120	Luke Osborn		M	02:08:53
28	134	Simon Robinson		M	02:08:58
29	68	Richard Horton		M	02:09:00
30	102	Jamie MacLeod		M	02:09:39
31	166	Sam Watts	Moonglu	M	02:09:57
32	148	John Sullivan		MV40	02:10:02
33	80	Andrew King		M	02:10:32
34	76	Damien Jones	NYPTri	MV40	02:10:37
35	139	John Serginson		M	02:10:41
36	136	Matthew Rowley	Oxford Tri	MV40	02:10:51
37	6	Richard Ballantine	Keighley and Craven AC	MV40	02:11:18
38	116	Steve Oates		MV40	02:11:29
39	94	Paul Lindsay		M	02:11:39
40	83	Graham Kitchin		M	02:11:47
41	141	David Smith		MV40	02:12:31
42	142	John-Luke Smith		M	02:12:39
43	26	Paul Carr		M	02:12:50

44	171	Andrew Wilkinson		M	02:13:14
45	156	David Van Lopik		M	02:13:20
46	85	Steven Kitching		M	02:13:32
47	55	Mark Evans		M	02:13:45
48	112	Mike Meadowcroft	Bowland FR	M	02:13:46
49	137	David Ryder		M	02:13:51
50	167	Chris Weir		M	02:13:52
51	181	Paul Smithson	Keighley and Craven AC	M40	02:14:51
52	77	Matthew Jones		M	02:15:06
53	157	Richard Vaudin		MV40	02:15:12
54	185	Ian Magill	Liverpool RC	M40	02:15:17
55	42	Marcel Darling		M	02:15:18
56	72	Tim James		M	02:15:59
57	7	John Barker	Total Racing International	M	02:16:03
58	11	Jon Berry		MV40	02:16:20
59	40	Andrew Dale		M	02:16:48
60	88	Rachael Lawrance		F	02:17:13
61	79	Ben Keen	Cyclewise	M	02:17:23
62	108	Glen McGowan		MV50	02:17:46
63	16	Angela Brand-Barker		FV40	02:18:53
64	182	Conrad Slack	Arragons - Penrith	M	02:18:58
65	8	Mark Bell		M	02:19:28
66	114	Robert Morley		M	02:19:31
67	27	Alan Casey		MV40	02:21:14
68	150	Ricky Sutherland	Spartans	M	02:21:15
69	52	Mark Dye		MV40	02:23:19
70	44	Daniel Dillon	Spartans	M	02:23:20
71	121	Stephen Parker	Fennas Fat Boys	M	02:23:48
72	9	Lee Benson		MV40	02:23:57
73	131	Simon Roberts		MV40	02:24:01
74	160	Neal Vaughan-Jones		MV40	02:24:02
75	152	Alex Talks		M	02:25:13
76	96	Kenneth Ling		M	02:25:14
77	144	Todd Stewart		MV40	02:25:25
78	45	Gary Dixon		M	02:25:41
79	170	Molly Whittall		F	02:25:50
80	95	Steve Lindsay		MV50	02:25:56
81	186	Stuart Hurst	Dallam Running Club	M40	02:26:14
82	164	John Walsh		M	02:27:34
83	24	Tim Byrne		MV40	02:27:39
84	105	Hannah Marshall	City of Lancaster Triathlon Club	F	02:27:51
85	162	Kevin Walker		MV50	02:27:57
86	82	Andrew Kirkby		M	02:28:31
87	127	Thomas Reeves		MV40	02:29:10
88	109	Neville McGuinness		MV40	02:29:21
89	143	Richard Smith		M	02:29:41
90	73	David Johnson		MV40	02:30:32
91	21	Gareth Brown	Mersey Tri	M	02:30:40

92	46	Jim Downie		MV60	02:31:10
93	138	Kevin Schulz		M	02:31:20
94	22	Simon Bullock	Arragons - Penrith	M	02:31:36
95	78	Michael Keavney		MV40	02:31:41
96	12	Steven Blomeley		MV40	02:32:33
97	98	Antony Lomas		MV40	02:33:08
98	175	Dan Wyllie		M	02:33:14
99	124	David Prescott		M	02:33:22
100	132	Anna Robinson		F	02:33:39
101	110	Joseph McLeod		MV50	02:33:44
102	33	Andrew Coull	Ten Racing	M	02:33:57
103	125	Warren Prewer		M	02:34:19
104	43	Keith Denver		MV40	02:34:22
105	10	Scott Bentley	OUCC	M	02:36:43
106	97	Geraint Lloyd-Williams		MV40	02:37:13
107	63	Liz Gray	FTS/TNEI	F	02:37:25
108	34	Moise Coulon	FTS/TNEI	M	02:38:22
109	57	Nick Fenna	Fennas Fat Boys	M	02:39:02
110	174	David Winder	Fennas Fat Boys	MV40	02:39:07
111	124	Michael Drage		MV40	02:39:20
112	119	Grant Orsborn		M	02:40:38
113	100	Julie Lundrigan		F	02:41:48
114	91	Daniel Lewington		M	02:43:46
115	5	Carl Baker		M	02:43:49
116	54	James Edwards		M	02:44:43
117	130	Chris Roberts	McRutters	MV40	02:45:05
118	165	Simon Ward		M	02:45:40
118=	75	Ruth Johnson		FV40	02:45:40
120	64	Nick Hampton		M	02:46:34
121	30	Kate Cogan		F	02:47:09
122	159	Steven Vaughan	Kudu Bikes Triathlon Club	MV40	02:47:36
123	135	Stephen Rogers		M	02:47:42
124	35	Mr Courtier		M	02:48:23
125	145	Hugh Stirling		MV50	02:51:24
126	184	Jim Collins		M40	02:52:54
127	53	Carl Edmondson		MV40	02:53:07
128	154	Paul Titley		MV50	02:54:28
129	163	Lee Wallhead		MV40	02:55:17
130	93	Kevin Lindeque		M	02:56:59
131	29	Simon Clayton		M	02:57:17
132	37	Andy Cummings		MV40	02:57:21
133	140	Stephen Sladin	McRutters	MV40	02:58:42
134	81	Ross King		M	03:02:17
135	65	Joan Hanson		FV40	03:03:15
136	146	Chris Stoker		M	03:05:16
137	18	Neil Braybrook		MV40	03:06:32
138	151	Peter Sydenham		MV40	03:07:10
138=	101	Mark Lyod		M	03:07:10

140	58	Ruth Fletcher	Ryton tri	FV50	03:07:17
141	147	Izzy Styles		F	03:15:18
142	31	Hannah Collingridge		F	03:25:38
143	20	Carolyn Brindle		FV40	03:28:26
144	86	Suzanne Lally		FV40	03:47:48
145	172	Donald Wilkinson		MV40	03:47:49
dnf	128	Tom Ridgway		M	
dnf	17	James Braybrook		M	
dnf	149	Dave Sutcliffe		MV40	
dnf	36	Paul Crabtree		MV40	
dnf	39	Thomas Curtis		M	
dnf	32	Paul Cornforth	Borrowdale fellrunners	MV40	
dnf	106	Jeff Marshall		M	
dnf	15	Lauren Bradshaw		F	

### Pairs Race

Pos	No.	Name	Club	Time
1	176	Chris Steele & Phil Davies	Cyclewise	01:35:38
2	180	Katy Mackintosh & Tim Austin	Valentina's Superstars	02:00:01
3	179	Helen Brownlie & Julia Tucker	Pert Too	02:23:45
4	51	Lisa Dunn & Lex Coxen	Dunn & Coxen	02:30:42
5	177	Ann & Anthony Kavanagh	Kav's R us	02:33:17
6	178	Natasha & Mark Walsh	N4M4EVA	02:37:49