

KESWICK SPORTIVE ROUTE 3: 46K/2 PASSES

<u>Description</u>	<u>Distance</u> (approx)	<u>Comments</u>	<u>Sign</u>
Turn right out of car park to mini r/about, turn left & follow B5289 through town to A66.	2.5k	Take care joining A66, be prepared to stop.	Cockermouth
Join A66 for 2km, turn left onto B5289 into Braithwaite to start climb of Whinlatter Pass.	2k	Take care joining A66, be prepared to stop. Care through village, very narrow.	Lorton via Whinlatter Pass
Continue past sign 'Whinlatter Visitor Centre' at top of pass & descend approx. 5km to turn left into Lorton (signposted Buttermere).	10k	When you reach Lorton, do not take first turn signposted 'Unsuitable for Motor Vehicles' otherwise you will end up on a track. Junction is approx. 200m past here.	Lorton/ Buttermere
Turn left at the next T junction after 100m at base of hill.	100m	Sharp left junction, be prepared to stop.	Buttermere
Continue through Lorton following blue CTC signs to B5289 T junction. Turn left	700m to B5289.	Follow road through village to B5289. Take extra care as the road narrows.	CTC
Continue on B5289 for 3k then turn left for Buttermere.	3km		Buttermere
Follow B5289 to Buttermere village. Climb out of Buttermere past the small church, bear left to start climb of Newlands Pass.	7km	Take care through Buttermere, short fast descent & narrow bridge. Expect people in middle of road.	Keswick via Newlands Pass
Climb & descend Newlands Pass then right turn to Stair.	9k	Extra care on descent: Be aware of sharp bends at Keskadale Farm & Stair.	Grange/ Portinscale
Follow road past Swinside Inn, then right turn (200m) to follow road along west side of Derwent water to Grange.	6k	There is a series of sharp bends & cattle grid on a steep little ascent.	Grange
At Grange cross bridge & turn left onto B5289 following lakeshore road.	7k	Care through village, sharp bends. Very narrow & double bridge at Grange, prepare to give way.	Keswick Event: '2 pass turn left'
Bear left at first mini r/about, then left at next r/about (200m) to finish.	400m	Finish in Lake Road car park	Event